

TRAVEL PASSES

Buddha bamba Express Ways (from Bangkok / Clockwise)

Backpacking

32 Days / 5 Countries

Thailand , Laos , Vietnam , Cambodia
& Thailand

Departure city: **Bangkok, Thailand**

End city: **Bangkok, Thailand**



HIGHLIGHTS

- Trek through rural villages in Chiang Mai and cycle through Bangkok
- Visit the legendary Ha Long Bay and Angkor Wat temples
- Embark on a kayaking & tubing adventure in Laos
- Experience the great beauty of South East Asia in one single trip!

Discover the highlights of South East Asia on this exhilarating adventure through Thailand, Laos, Vietnam and Cambodia. Ancient wonders, bustling cities and stunning landscapes await!

MAP



What is included



Travel Passes

Include all of your transport and experiences while giving you full flexibility to change the dates and pick your accommodation on the go.



Accommodation: 3

- 1 Pakbeng Room
- 1 Chiang Khong Room

Included in Halong Bay Party Cruise 2D/1N (from Hanoi)

- 1 night cabin on cruise



Transport: 14

- Siem Reap to Bangkok
- Hue to Hoi An
- Sihanoukville to Siem Reap
- Hanoi to Hue
- Phnom Penh to Sihanoukville
- Vientiane to Hanoi
- Ho Chi Minh City to Phnom Penh
- Vang Vieng to Vientiane
- Dalat to Ho Chi Minh City
- Luang Prabang to Vang Vieng
- Nha Trang to Dalat
- Sukhothai to Chiang Mai
- Hoi An to Nha Trang
- Bangkok to Sukhothai



Meals: 12

- 4 Breakfast(s), 6 Lunch(es), 2 Dinner(s),



Experiences: 10

- Angkor Wat Day Trip
- Kayaking, Tubing & Zipline Adventure
- Cu Chi Tunnels Half Day Experience
- Luang Prabang City Bike Explorer
- Countryside Motorcycle Adventure
- Base: Land & Boat Transport to Laos 3D/2N (Chiang Mai to Luang Prabang)
- Hoi An Bicycle Day Trip
- Nature & Villages Trek
- Halong Bay Party Cruise 2D/1N (from Hanoi)
- Bangkok Bike Explorer

What is not included

- Guide throughout the trip
- Personal Expenses
- Meals not mentioned in the itinerary
- Accommodation pick-up drop-off from Bus Stations
- Travel Insurance
- Tips

*Prices for optional activities are subject to change at any time without prior notice. Please confirm these prices before departing on your trip.

Experiences Included

Bangkok Bike Explorer



Get to know the crazy city of Bangkok by bicycle! Traverse 16 kilometers of flat streets and immerse yourself in the true local life of Bangkok with a local guide who will explain all of the intricacies of the Thai culture and show you the incredible diversity of the warm Thai people.

INCLUDED

- Longtail boat transfer
- Bike rental
- English-speaking guide
- Snacks, drinks, fruit, & water

NOT INCLUDED

- Accommodation pick-up/drop-off
- Other meals/drinks
- Personal expenses
- Tips
- Travel insurance

Nature & Villages Trek



Get ready for a day of adventure just outside of Chiang Mai in the pristine natural jungle and nearby colorful tribal villages. Take a nature walk through the lush jungle to see spectacular panoramic views of the region, visit a beautiful waterfall where you can go for a swim and visit local tribal villages where you can interact with the native people of the region to take a peek into their unique way of life.

INCLUDED

- Transportation
- Lunch
- English-speaking guide
- Medical insurance

NOT INCLUDED

- Soft drinks & snacks
- Tips

Land & Boat Transport to Laos 3D/2N



Float down the Mekong River in northern Thailand and Laos stopping to see a unique Buddhist/Hindu temple in Chiang Rai. Observe the peaceful sights from your boat on the serene Mekong River as you cruise slowly to Luang Prabang.

INCLUDED

- Pick-up, tour transport
- Accommodation pick-up in Chiang Mai
- Slow boat & minivan transportation
- 1B / 1D
- None
- English-speaking guide
- Large backpack fee

NOT INCLUDED

- Other meals & drinks
- Personal expenses
- Tips
- Travel insurance

Luang Prabang City Bike Explorer



If you want to get close to local Lao people and their lifestyle, then this is the tour for you! Explore the surroundings of Luang Prabang on this bicycle tour that will take you to see hidden areas only few tourists will ever visit!

INCLUDED

- Good quality bike and safety equipment
- English-speaking guide
- Lunch at local noodle shop
- Drinking water
- Entrance fees
- All permits and taxes

NOT INCLUDED

- Other meals/drinks
- Personal expenses
- Travel insurance
- Tips

Kayaking, Tubing & Zipline Adventure



Enjoy an action-packed adrenaline-pumping day paddling through rapids, visiting caves, ziplining through magnificent scenery, kayaking, and more - all

INCLUDED

- All transport per itinerary
- Meals: 1 lunch + bottled water
- Waterproof bag
- English-speaking guide
- Entrance fees per itinerary

NOT INCLUDED

- Other meals & drinks
- Optional activities

Halong Bay Party Cruise 2D/1N



Travel from Hanoi to nearby Halong Bay for a fun 2-day party cruise with new friends and exciting activities.

INCLUDED

- 1 night cabin on cruise
- Transfers to/from accommodation & pier
- Hanoi accommodation pick-up & drop-off (Old Quarter)
- Roundtrip bus transfers Hanoi-Halong Bay pier
- 1B / 2L / 1D
- Water & cultural activities

Recommended Itinerary

This is a recommendation for your trip, but travel passes are flexible and you can decide how long to stay in each destination.

Day 1: Bangkok, Thailand



Bangkok Bike Explorer

DepartureTimes: 08:00, 13:00

Duration: 4 hrs.

Get to know the lively city streets of Bangkok bustling with street vendors, shops and multitudes of people rushing to and from during their busy work day. Make your way to the meeting point, where you will get geared up with your bike and meet your guide for the tour. Head off into the busy city of Bangkok and peek into the lives of local city dwellers by riding across wooden bridges and through squatter settlements nestled under highways and near railroad tracks. Get a feel for the daily habits and rituals of locals throughout the city.

Enjoy a refreshing drink stop before cycling to the pier where you will board a longtail boat with your bike and cross the Chao Praya River to reach Bangkok's green heart. Leave the hustle and bustle of the city behind as you cycle through beautiful lush green natural areas on elevated pathways, an area that was once home to old plantations. Observe the contrasts of this great city as you keep an eye out for the occasional sun-bathing turtle or skittish lizard.

Stop to rest up with another cold drink and snack before returning to the longtail boat. Enjoy the view of Bangkok's skyline as you ride back across the river after an invigorating morning tour. Cycle back to the office where your tour will come to an end. (Approximately 13 - 16 kilometres in total)

Day 2: Sukhothai, Thailand



Bangkok to Sukhothai

Type: Transfer

DepartureTimes: 06:10, 08:30, 10:30, 12:00, 18:10, 19:30, 20:40, 22:00

Duration: 6 hrs.

Day 3: Sukhothai, Thailand

● Free Day

Explore on your own, or add an optional extra experience

Day 4: Chiang Mai, Thailand



Sukhothai to Chiang Mai

Type: Transfer

DepartureTimes: 07:15, 09:30, 10:10, 11:50, 12:00, 13:40, 18:00

Duration: 6 hrs.

Day 5: Chiang Mai, Thailand



Nature & Villages Trek

DepartureTimes: 08:00

Duration: **10 hrs.**

You will get picked up between 8.00 - 8.30 a.m. from your accommodation. Once everybody's on board the van, we will take a scenic 1.5-hour drive to the starting point of the trek. Lace up your trekking shoes and set off into the jungle for an exhilarating and moderate hike lasting approximately 3 - 4 hours.

Take photos of the beautiful scenery with a relaxing break to enjoy the nature, views, wildlife, and visit the bat cave. Along the way we will stop by different tribal villages to take a peek into the unique lives of the native people.

Before heading back, we will stop at a pristine waterfall where you can take a refreshing swim. When we reach the van we will hop back in and take a 1.5-hour ride back to Chiang Mai, arriving at approximately 6:00pm. This is the perfect trip for nature-lovers!

Day 6: Chiang Khong, Thailand



Base: Land & Boat Transport to Laos 3D/2N (Chiang Mai to Luang Prabang)

Departure Times: **10:00**

Chiang Mai - Chiang Rai - Chiang Khong (D)

We will pick you up at your accommodation in Chiang Mai around 9:00 - 10:00 am and begin driving through the stunning landscapes of Northern Thailand. After approximately 3.5 hours of driving, we will arrive in Chiang Rai, where you can buy lunch before we make a quick visit to the famous White Temple, before continuing towards Chiang Khong. Chiang Khong is a border town which straddles the Mekong River, facing the town of Huay Xai on the Laotian side of the river. Chiang Khong has lots of temples, a craft village with a busy market where you can buy artisanal crafts and a temple. Enjoy some free time to explore the town on your own before dinner and overnight.



Check-In Sawadee Homestay at 54

Day 7: Pakbeng, Laos



Base: Land & Boat Transport to Laos 3D/2N (Chiang Mai to Luang Prabang)

Departure Times: **10:00**

Border crossing into Laos & boat transfer to Pakbeng (B)

This morning we will leave at 8:30 am to go to immigration before we cross the Mekong River to Huay Xai where we will go through the Lao side of immigration. At approximately 10:00 am, we will make our way towards Pakbeng on a slow boat, the best way to travel in this laid-back and lush region. This typically takes about 7-8 hours and we should arrive there at about 17:00-18:00 pm. Upon arrival, you will be transferred to your accommodation for overnight.



Check-In DP Guest House

Day 8: Luang Prabang, Laos



Base: Land & Boat Transport to Laos 3D/2N (Chiang Mai to Luang Prabang)

Departure Times: **10:00**

Boat transfer from Pakbeng to Luang Prabang

Between 5:00 - 7:00 am there is a morning market at the end of town for early birds who want to do a little exploring on their own. The group will meet again at around 9:00 am to get back on the slow boat. This time we will travel further down the Mekong River and take in the beautiful scenery and local life along the way. It will again take approximately 7 - 8 hours, arriving in Luang Prabang at about 16:00 - 17:00 pm.

Day 9: Luang Prabang, Laos



Luang Prabang City Bike Explorer

DepartureTimes: **08:15**

Duration: **4 hrs.**

Start the day with a visit to the morning market to explore the unique selection of local goods. Next we'll ride around the city center and peninsula, stopping to view where the Nam Khan and Mekong Rivers meet and to visit the famous Wat Xieng Thong Temple. From there we'll wind our way through the backroads of Luang Prabang to see a special selection of city highlights and rarely visited cultural and craft-making sites for an intimate view of Lao life. Sites include a sample of Luang Prabang's oldest and most beautiful temples, traditional craft homes, music centers, spirit house craftsmen, funeral pyres, and the UXO Museum for a sobering look at the devastation of the Indochina war in Laos and the many undetonated bombs that still litter the countryside.

We'll top the tour off with a well-earned meal at an authentic local noodle shop. Finally, we'll make our way back to city center around 1:00 p.m. (times vary depending on biking speed).

The route is about 16 km (10 mi) on paved roads mostly flat with some low-grade hills.

Please Note: Since we are visiting people's homes, some sites may be closed without notice and substitutions will be made as necessary.

Day 10: Vang Vieng, Laos



Luang Prabang to Vang Vieng

Type: **Transfer**

DepartureTimes: **7:30, 8:30, 9:30, 13:30, 14:30**

Duration: **5 hrs.**

Day 11: Vang Vieng, Laos



Kayaking, Tubing & Zipline Adventure

DepartureTimes: **09:00**

Duration: **7 hrs.**

Get ready for an action-packed day full of adrenaline-pumping adventure! Your tour starts from Wonderful tours office at 9:00 am with a 10 km ride on a truck up north to the starting point. Here your instructor will give you basic instructions for kayaking before you begin your adventure paddling down the small rapids of Nam Song River, enjoying incredible mountain scenery along the way. Visit the Tham None Cave, famous for being used as shelter during the Indochina War, and tube inside the cave to see its beautiful stalactites and stalagmites. Next have lunch at the river bar while enjoying the magnificent scenery around Phar None Cliff.

After lunch you'll receive instructions from your zip-line guide before having an amazing adventure in the forest canopy in a circuit of 8 lines and 3 bridges around Phar None. Finally, get back to your kayak and paddle your way back to Vang Vieng, where you will overnight.

Day 12: Vientiane, Laos



Vang Vieng to Vientiane

Type: **Transfer**

DepartureTimes: **8:30, 9:30, 13:30**

Duration: **3 hrs.**

Day 13: Vientiane, Vietnam



Vientiane to Hanoi

Type: **Transfer**

DepartureTimes: **16:30**

Duration: **22 hrs.**

Day 14: Hanoi, Vietnam

● Free Day

Explore on your own, or add an optional extra experience

Day 15: Halong Bay, Vietnam



Halong Bay Party Cruise 2D/1N (from Hanoi)

DepartureTimes: **08:00, 08:30**

Hanoi Old Quarter accommodation pick-up & transfer to Halong Bay (L/D)

Today you will be picked up from your hotel in the Hanoi Old Quarter between 8:00 - 8:30 am depending on the location of your hotel. Please be ready and waiting in the lobby from 8:00 am. Take a scenic 3.5-hour bus ride through rural Vietnam en route to Halong Bay arriving at the marina at around noon. Take a quick ferry to your Party Cruise to get settled in to your cabin and then have a traditional Vietnamese lunch on board as you set sail into the calm waters and stunning scenery of Halong Bay. Pass by several unique islets in the form of different animals and objects; Duck Islet, Swan Islet, Fighting Cocks Islet, Incense Burner Islet and Stone Dog Islet. After lunch go for 2hr kayaking trip through a tunnel to get off the beaten path and discover Halong Bay's Frog Pond. The rest of the afternoon is yours to enjoy. Jump off the boat into emerald waters, go for a swim, and try out the "water trampoline," the outdoor jacuzzi, or some volleyball until dinner is served around 7pm. Eat your fill because the next item on the agenda is partying with a live DJ until the sun comes up!

Day 16: Hanoi, Vietnam



Halong Bay Party Cruise 2D/1N (from Hanoi)

DepartureTimes: **08:00, 08:30**

See Halong Bay & return to the Hanoi Old Quarter (B/L)

Wake up this morning to the peaceful atmosphere on the bay with the gentle waves and cheerful seabirds singing their morning songs as the sun rises over the horizon. Have breakfast at 8:00 am and enjoy the breathtaking scenery of Halong Bay in the morning. Check out of your cabin and pay your bill as your ship cruises back to the pier. Enjoy a Vietnamese cooking demonstration and your last traditional Vietnamese meal on board before arriving back at the pier.

Relax on your return bus ride back to Hanoi watching the rural scenery pass by. Upon arrival, you will be dropped off at your hotel in the Hanoi Old Quarter where your trip will come to an end around 5 - 5:30 pm.

Day 17: Hanoi, Vietnam



Hanoi to Hue

Type: **Transfer**
DepartureTimes: **18:00**
Duration: **13 hrs.**

Day 18: Hue, Vietnam

● Free Day

Explore on your own, or add an optional extra experience

Day 19: Hoi An, Vietnam



Hue to Hoi An

Type: **Transfer**
DepartureTimes: **08:00, 13:15**
Duration: **4 hrs.**

Day 20: Hoi An, Vietnam



Hoi An Bicycle Day Trip

DepartureTimes: **08:00**
Duration: **5 hrs.**

This morning you will be picked up at your accommodation to go pick out a bike before heading out on your unforgettable day tour to Cam Kim island. We will cross the Thu Bon river along with plenty of locals heading to school or to the central market. Here we will make a stop in the Kim Bong carpentry village and take a look at the fishing boat builders on the riverbank. Here there are several families famous for generations of boatmaking and carpentry. They also contributed in building Hoi An's beautiful wooden houses for Chinese and Japanese traders that make the town such a charming destination today.

Leaving the town, we will cycle past a scenic rice field and small river branches where you can see large fishing nets hanging over the water. We will visit a family on a small local island to see the most common local occupation: weaving sleeping mats, a tradition hundreds of years old.

Finally, we will cycle through the tranquil countryside to another family's house for a homemade local lunch. After a great meal with even better company, we will cycle back to town. After returning your bike you will be dropped off at your hostel in the afternoon.

Day 21: Hoi An, Vietnam



Hoi An to Nha Trang

Type: **Transfer**
DepartureTimes: **18:15**
Duration: **hrs.**

Day 22: Nha Trang, Vietnam

● Free Day

Explore on your own, or add an optional extra experience

Day 23: Dalat, Vietnam



Nha Trang to Dalat

Type: **Transfer**

DepartureTimes: **07:30, 13:00**

Duration: **4 hrs.**

Day 24: Dalat, Vietnam



Countryside Motorcycle Adventure

DepartureTimes: **08:30**

Duration: **8 hrs.**

Take an exciting motorcycle tour around Dalat with an English speaking driver/guide. Ride on the back of a motorcycle to admire the beauty of this region filled with natural wonders such as lakes, waterfalls, lush green forests and floral gardens. Take a break at the Truc Lam meditation center and see the beautiful Paradise lake, Elephant waterfall and Linh An pagoda. Immerse yourself in the local way of life at a Chicken minority village (K' ho people) and learn about the local industry as we stop by a vegetable farm, a mushroom farm, a coffee farm and a silk factory. Arrive back to Dalat around 16:00 pm.

Day 25: Ho Chi Minh City, Vietnam



Dalat to Ho Chi Minh City

Type: **Transfer**

DepartureTimes: **08:00, 21:30**

Duration: **8 hrs.**

Day 26: Ho Chi Minh City, Vietnam



Cu Chi Tunnels Half Day Experience

DepartureTimes: **7:45, 13:00**

Duration: **6 hrs.**

Get an early start around 7:45am and head to the historic Cu Chi tunnels (Ben Dinh), approximately 70kms away from central Ho Chi Minh City. The Cu Chi tunnels represent one of the most famous vestiges of the Vietnam War and one of the keys to Vietnam's victory. This vast and amazing subterranean network consists of over 200kms of tunnels connected with one another in an intricate cobweb formation. With determination and endurance, the tunnels were dug with rudimentary tools and the openings were camouflaged so well that no enemy could find them. Upon arrival around 9:30am, view a short presentation video about the Cu Chi tunnels originally used during the Vietnam War before experiencing the famous tunnels from the inside. Crawl into these fascinating underground dwellings to get a feel of the stamina and grit it took to live in the tunnels. Afterwards, you can try the steamed tapioca root which was the main staple food in Cu Chi during the war. Next, for those interested, there will be an opportunity to fire off rounds from an AK47 or MK16 at the nearby rifle range (not included). Around 13:30 pm, we will be back in Ho Chi Minh, where the tour will come to an end.

Day 27: Phnom Penh, Cambodia



Ho Chi Minh City to Phnom Penh

Type: **Transfer**

DepartureTimes: **06:30 ,08:30, 11:30, 15:30**

Duration: **6.5 hrs.**

Day 28: Sihanoukville, Cambodia



Phnom Penh to Sihanoukville

Type: **Transfer**

DepartureTimes: **07:00, 08:30, 9:30, 12:30, 13:30, 15:00, 17:30**

Duration: **5 hrs.**

Day 29: Sihanoukville, Cambodia

● Free Day

Explore on your own, or add an optional extra experience

Day 30: Siem Reap, Cambodia



Sihanoukville to Siem Reap

Type: **Transfer**

DepartureTimes: **07:00, 12:30**

Duration: **11 hrs.**

Day 31: Siem Reap, Cambodia



Angkor Wat Day Trip

DepartureTimes: **8:30**

Duration: **7 hrs.**

You will be picked up in the morning and you will first visit the Angkor Thom complex. Bayon temple, with 54 towers and 216 faces of Budhhistsatva Avalokestesvara, is the highlight of all the temples in the center of Angkor Thom City. Then we continue to visit several other historic sites such as Baphoun, the Ancient Royal Palace, the Elephant terrace and Ta Prohm temple. Ta Prohm temple is the temple where gigantic tree roots have grown that was made famous by the Hollywood film "Tomb Raider" starring Angelina Jolie.

Before we continue to other interesting sites, we will have lunch. After lunch, we will see the temple of Angkor Wat which has been listed as a UNESCO World Heritage since 1992. Finally we continue to Phnom Bakheng as the day fades to night. Then, we will drive you back to your hotel.

A bit of history...Stretching over some 400 square kilometers, including forested area, Angkor Archaeological Park contains the magnificent remains of several capitals of the Khmer Empire of the 9th to the 15th centuries, including the largest pre-industrial city in the world. Angkor Wat is a temple complex at Angkor, built by Tamil King Suryavarman II in the early 12th century as his state temple and capital city. As the best-preserved temple at the site, it is the only one to have remained a significant religious centre since its foundation – first Hindu, dedicated to the god Vishnu, then Buddhist. In the late 13th century, Angkor Wat gradually moved from Hindu to Theravada Buddhist use, which continues to the present day. Angkor Wat is unusual among the Angkor temples in that although it was somewhat neglected after the 16th century it was never completely abandoned, its preservation being due in part to the fact that its moat also provided some protection from encroachment by the jungle. It has become a symbol of Cambodia, appearing on its national flag, and it is the country's prime attraction for visitors.

Day 32: Bangkok, Thailand



Siem Reap to Bangkok

Type: Transfer

Departure Times: 08:00

Duration: 8 to 10 hrs (Depending on border crossing) hrs.

