

INDEPENDENT TRIPS

Costa Rica Highlights Adventure 8D/7N

Nature & Adventure

8 Days / 1 Country

Costa Rica

Departure city: **San Jose, Costa Rica**

End city: **San Jose, Costa Rica**



HIGHLIGHTS

- Zipline and go horseback riding in Monteverde
- See Arenal Volcano & relax in Baldi natural hot springs
- Discover Tortuguero National Park
- Catch a glimpse of diverse and beautiful flora and fauna
- Start and end your adventure in San Jose

See Costa Rica's main highlights on this incredible 8-day adventure. Visit Monteverde on horseback and experience the longest ziplines in the country. Marvel at the amazing Arenal Volcano and relax in the therapeutic Baldi hot springs. Finally, tour Tortuguero National Park with a boat ride and hike through pristine nature before ending your journey in San Jose.

MAP



What is included



Independent Trips

Include all of your accommodation, transport and experiences on a pre-set trip that you can customize to perfectly suit your travel needs.



Accommodation: 7

- 1 San Jose Junior suite
- 2 Monteverde Junior suite
- 1 La Fortuna Junior suite
- 1 San Jose Junior suite

Included in Tortuguero National Park Adventure 3D/2N

- 2 nights eco-lodge



Transport: 5

- San Jose Airport Transfer
- San Jose to Monteverde
- La Fortuna to Tortuguero
- San Jose Airport Transfer
- Monteverde to La Fortuna



Meals: 14

- 7 Breakfast(s), 4 Lunch(es), 3 Dinner(s),



Guides:

- English-speaking naturalist guides during tours



Experiences: 4

- Tortuguero National Park Adventure 3D/2N
- Monteverde Canopy Zip-line
- Arenal Volcano & Baldi Hot Springs
- Monteverde Horseback Riding

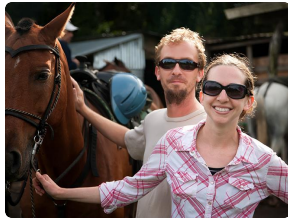
What is not included

- Guide throughout the trip
- Personal Expenses
- Meals not mentioned in the itinerary
- Accommodation pick-up drop-off from Bus Stations
- Travel Insurance
- Tips

*Prices for optional activities are subject to change at any time without prior notice. Please confirm these prices before departing on your trip.

Experiences Included

Monteverde Horseback Riding



INCLUDED

- Transportation and horseback ride

NOT INCLUDED

- Drinks and Meals
- Personal Expenses
- Travel Insurance

See incredible views of the Nicoya Gulf and the northern region of Costa Rica from horseback as you ride through a private 50 hectare ranch just outside Monteverde through lush green forests and among coffee and sugar cane plantations. *This activity is available for Costa Rica passes only.

Monteverde Canopy Zip-line



INCLUDED

- All Transportation
- Hostel Pick-up & Drop-off
- English Speaking Guide
- 3-hour zip-line tour including:
 - Zip-line equipment
 - 14 cables
 - 30 meters Rappel
 - Tarzan Swing
 - 1km long Superman Cable
 - Underground Superman Cable
- Insurance

NOT INCLUDED

- Meals & Drinks
- Personal Expenses
- Tips for Guides
- Optional Photos available for Purchase after the tour

Swing through the treetops on a zip line tour along 14 different cables and if you are lucky catch an awesome view of the Pacific Ocean and Lake Nicaragua on a clear day. Catch a glimpse of diverse and beautiful flora and fauna. Fly alongside wild quetzals and native birds on the 1 kilometer-long Superman Cable.

Arenal Volcano & Baldi Hot Springs



INCLUDED

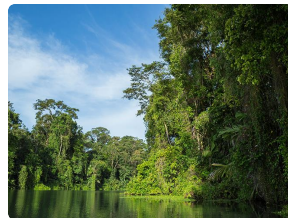
- Transportation
- Hostel pick-up and drop-off
- English speaking guide
- Entrance Fee to National Park
- Buffet Dinner at Hot Springs (vegetarian option available)

NOT INCLUDED

- Tips for guide
- Personal expenses
- Optional massage

Marvel at Arenal Volcano from a stunning viewpoint, take an easy hike around the base of the active Arenal Volcano, from there, you can see the Arenal Lagoon. Relax in the therapeutic Baldi Hot Springs where you can soak for hours before returning to your accommodation after a buffet dinner.

Tortuguero National Park Adventure 3D/2N



INCLUDED

- 2 nights eco-lodge
- Roundtrip shuttle & boat
- 3B / 3L / 2D
- Tortuguero boat tours & hikes
- English-speaking naturalist guides during tours

NOT INCLUDED

- Airport transfers
- Entrance fee to Tortuguero National Park (\$35 USD)
- Optional tours to Tortuguero Museum village tour and green sea turtle nesting tour
- Other meals & drinks
- Personal expenses
- Tips for guides
- Travel insurance
- Airport departure tax from Costa Rica (\$29 USD)

Discover the "Amazon of Costa Rica" brimming with abundant flora and fauna on a short expedition to the pristine rainforests of Tortuguero National Park. The park has a system of natural canals and the only transportation in this area is by boat, creating a peaceful atmosphere.

Itinerary

Day 1: San Jose, Costa Rica



San Jose Airport Transfer

Type: **Transfer**

DepartureTimes:

Duration: **hrs.**



Check-In Gaudy's Backpackers

Day 2: San Jose - Monteverde, Costa Rica



San Jose to Monteverde

Type: **Transfer**

DepartureTimes: **06:30**

Duration: **4.5 hrs.**



Check-In Sleepers Sleep Cheaper

Day 3: Monteverde, Costa Rica



Monteverde Horseback Riding

DepartureTimes: **08:00, 11:00, 15:00**

Duration: **2 hrs.**

You will be picked up at your hostel for your transfer to the Monteverde Extremo adventure center to begin your day horseback riding in a beautiful nature atmosphere. The lush green cloud forest of Monteverde in northern Costa Rica is one of the most serene and beautiful landscapes in the country with incredible views of the Nicoya Gulf and its surrounding hills. Breathe in fresh mountain air as you ride through the countryside on horseback through a private 50 hectare ranch. Pass through dense forests and watch for native flora and fauna admiring the millions of green trees and plants that grow here. Ride among coffee plants and sugar canes as you cross these two types of plantations growing in the fertile soil of this productive region. End the day back at the Monteverde Extremo adventure activities complex where you can have lunch with your friends and enjoy a few more moments in nature. Return to Monteverde where you will be dropped off in the city center.



Monteverde Canopy Zip-line

DepartureTimes: **08:00, 11:00, 14:00**

Duration: **3 hrs.**

Monteverde is a paradise for adventure lovers. You will get your adrenaline running with one of the best Canopy tours (Zipline) of Costa Rica. Swing through the treetops on a zip line tour along 14 different cables. You will feel the excitement on the big Tarzan swing, the 30 meters rappel, the Superman Cable measuring 1 kilometre in length, and the Underground Superman Cable through a 175 meters long tunnel. During the tour, you will observe some beautiful views of the area from the 75-150 meters high cables. To reach the major heights, mix the extreme adventure together with the majestic forest and admire the rich natural beauty of the forest and its treasures. If you're lucky, catch an awesome view of the Pacific Ocean and Lake Nicaragua on a clear day. Observe over 100 species of mammals, over 400 species of birds (including 30 kinds of hummingbirds), tens of thousands of insect species and 2,500 species of plants

(including 420 kinds of orchids) in one of Latin America's most outstanding wildlife reserves. Keep your eyes open to catch a glimpse of diverse and beautiful wildlife including the jaguar, ocelot, Baird's tapir, three-wattled bellbird, bare necked umbrella bird and the famous quetzal.



Sleepers Sleep Cheaper

Day 4: Monteverde - La Fortuna, Costa Rica



Monteverde to La Fortuna

Type: **Transfer**

Departure Times: **08:15**

Duration: **4 hrs.**



Arenal Volcano & Baldi Hot Springs

Departure Times: **14:30**

Duration: **6.5 hrs.**

Located in the North of Costa Rica, the impressive Arenal Volcano is a natural phenomenon that although currently in a resting phase, remained the country's most active volcano for the past decades, attracting thousands and thousands of tourists due to its volcanic activity.

We will pick you up and take you to the Arenal Volcano National Park, then you will have the chance to walk (30 min) to an amazing view-point to see Arenal Volcano.

Afterwards, relax in one of the best hot springs in the area. With 25 pools of thermal water to relax in and a variety of temperatures to choose from, just sit back and enjoy the benefits of these volcanic thermal waters. Enjoy a rejuvenating massage (optional activity) or other special treatments that must be reserved in advance.

As your day nears and end, enjoy a delicious buffet dinner with views of the stunning Arenal Volcano. Take in your surroundings and the views one last time before this incredible day comes to an end.

What to bring: swimsuit and towel, mosquito repellent, comfortable walking shoes, sweater, bottled water



Check-In Selina Hostel La Fortuna

Day 5: La Fortuna - Tortuguero National Park, Costa Rica



La Fortuna to Tortuguero

Type: **Transfer**

Departure Times: **05:45**

Duration: **3 hrs.**



Tortuguero National Park Adventure 3D/2N

Departure Times: **06:00**

Shuttle and Boat San Jose to Tortuguero (B/L/D)

Depart San Jose at 6:00am accompanied by your naturalist guide to drive past coffee plantations and the stunning landscapes of Braulio Carrillo National Park. Keep an eye out for misty cloud forest and distant waterfalls before stopping for an authentic Costa Rican breakfast of fruit juice, coffee, eggs and the popular "Gallo Pinto".

After breakfast, we will continue driving on the shuttle and then transfer to a boat for the final leg of the journey into Tortuguero National Park, a pristine nature reserve and an important nesting site for green sea turtles. Along the way we will provide you with a brief introduction to the banana plantations.

This afternoon you may go on an optional walking tour of the Museum and the town to learn about the local culture (not included). Depending on the season, tonight you can also participate in an optional night tour (not included), which consists of a boat trip to Tortuguero National Park followed by walking on the beach to observe the nesting of the Giant Green Sea Turtle (available only from July to October). Overnight in Tortuguero.

Day 6: Tortuguero National Park, Costa Rica



Tortuguero National Park Adventure 3D/2N

DepartureTimes: **06:00**

Tortuguero National Park Boat and Walking Tour (B/L/D)

Wake up early this morning to go on a guided tour of Tortuguero National Park. At 5:30 your guide will take you by boat to one of the most enchanting sites in the region, where you will explore lagoons and hidden canals and see nearly 50m-tall trees covered with bromeliads, vines and orchids, as well as an array of other flora and fauna. Spot animals such as howler monkeys, white face capuchins, and spider monkeys, as well over 400 species of birds, iguanas, jesus christ lizards and more!

Return to your accommodation by 8:00am to enjoy breakfast and recharge for the second part of today's tour, a hike through the rainforest. At around 9:30am you will go on a walk through the national park, discovering local plants and spotting wildlife with the help of your guide.

Enjoy the rest of the afternoon at your leisure to relax at your lodge or discover more of the town on your own. Overnight in Tortuguero.

Day 7: San Jose, Costa Rica



Tortuguero National Park Adventure 3D/2N

DepartureTimes: **06:00**

Tortuguero Boat & Walking Tour - Boat & Shuttle to San Jose (B/L)

Rise early again this morning to go on a boat tour to visit other areas of the park and admire even more breathtaking nature. Return to your accommodation for breakfast and to pack up your belongings for check-out. Take one last rainforest walk in a different section of the rainforest before transferring back to San Jose, arriving around 6:30pm.



Check-In Gaudy's Backpackers

Day 8: San Jose, Costa Rica



San Jose Airport Transfer

Type: **Transfer**

DepartureTimes:

Duration: **hrs.**

