

GROUP ADVENTURES

Uganda Community Voluntour & Wildlife Adventure 14D/13N

Volunteer / Voluntour 14 Days / 1 Country Uganda Departure city: Kampala, Uganda End city: Kampala, Uganda



HIGHLIGHTS

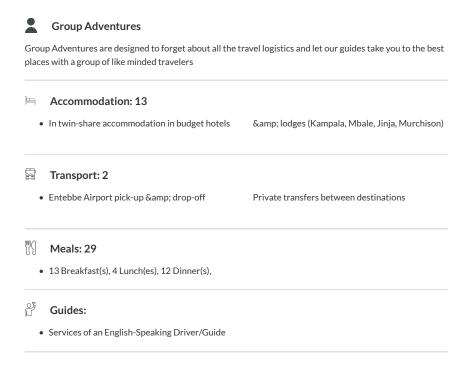
- •
- Lend a helping hand to communities in need
- Learn from people making a difference in Uganda
- Experience an unforgettable safari
- Go white-water rafting or discover the Nile on a quadbike
- •

,Get ready for the experience of a lifetime full of adrenaline-pumping adventure and unparalleled learning opportunities from some of the most important philanthropic organizations in Uganda. Help communities in needs, make lifelong friends, and never see the world the same way again.,

MAP



What is included



What is not included

- *Optional Single Supplement (enquire for details) *Tips
- *Other Meals/Drinks
- *Personal Expenses

*Prices for optional activities are subject to change at any time without prior notice. Please confirm these prices before departing on your trip.

*Travel Insurance

Additional information

ADDITIONAL INFORMATION

Yellow Fever Vaccine:

Please note that you are required to have an up-to-date yellow fever vaccine to travel in Uganda. You can arrange this in your home country and bring proof, or you can have the vaccine done in the airport upon arrival to Uganda for around US\$40. Rules and restrictions are always changing, so please make sure to do your own research for vaccines and visas before arriving in Uganda.

Itinerary

Day 1: Entebbe-Kampala, Uganda

Entebbe Airport Pick-Up and transfer to Kampala

Today you will be picked up at the Entebbe international airport upon arrival and transferred to your accommodation in the capital city of Kampala for check-in. Enjoy the rest of the at your leisure to relax, explore, and get settled in. Overnight in Kampala.

Day 2: Kampla-Mbale, Uganda

Travel to Mbale (B/D)

Today we will travel east to the Mbale district. Upon arrival you'll check into your lodge located at the base of the stunning Sipi Falls.

Journey time: 5 hours

Day 3-7: Mbale, Uganda

Well-Building Project (5B/5D)

Spend these 5 days building a protected well in one of the communities in the area. Most parts of Eastern Uganda have no running water, and your help to build a well is crucial aid for these communities in need. Our local partner Lodoi Development Fund is involved in various projects oriented towards improving health care and sanitation in the region.

Day 8: Mbale-Jinja, Uganda

Jinja Medical Clinic (B/D)

This morning you will set out early from Mbale to Jinja in southeastern Uganda, on the shores of Lake Victoria. We will head straight to the Sole Hope medical clinic to lend a helping hand to their noble cause. Sole Hope focuses on the treatment and eradication of jiggers (a type of parasitic flea) in Eastern Uganda. After seeing the medical clinic we will visit the organisation's shoe factory to get involved in giving out shoes to the children in the community. Shoes are a crucial defense against jiggers, which burrow into bare feet.

Journey time: 2 hours

Please note:

If you are uncomfortable working at the clinic, you can opt to volunteer at Abide family center, a non-profit whose aim is to keep marginalized children with their families so that they don't end up in orphanages. They achieve this through the training and mentoring of single moms and foster parents. On arrival to Jinja, Abide will introduce you to these families. You will be divided into smaller groups and a host family will be assigned to each group. At the host family's home, you will get to engage and interact with the kids, get involved in their daily chores and even share a lunch with the family. A day with these families gives you great insight into local Ugandan culture.

Day 9: Jinja- Kampala, Uganda

Kayak on the Nile or Whitewater Rafting - Transfer to Kampala (B/L/D)

Set off early this morning for a full day of whitewater rafting! For real adventurers, we will be plunging over adrenaline-pumping 4and 5-grade rapids (if you prefer to stick to grade 3 rapids, we can also offer this option). Or, if rafting is not your thing, you can go for a full-day quad biking adventure along the banks of the Nile! Either way, you're in for a truly great day. At the end of the day, you will drive back to Kampala for overnight.

Journey time: 2 hours

Day 10: Kampala, Uganda

Kampala City Tour & Slum Outreach (B/D)

This morning we will take a walking tour of Kampala to see major landmarks and pay a visit to a local market. In the afternoon, we will visit one of the most marginalized and poverty-stricken parts of the city to get involved in a slum outreach program with Raising Up Hope for Uganda. This organisation works tirelessly to reach out to street children and offer them support and opportunities. Overnight in Kampala.

Day 11-13: Kampala-Murchison Falls National Park, Uganda

Safari & Wildlife Adventure (3B/3L/3D)

Travel to Murchison Falls National Park for an unforgettable 3-day safari! Feast your eyes on a variety of wild animals like, lions, giraffe, elephants, hippos and many more! This once-in-a-lifetime safari gives you an opportunity to relax and enjoy your last days in style in the Pearl of Africa, Uganda. Overnights in a Murchison lodge.

Journey time: 6 hours

Day 14: Murchison Falls National Park - Entebbe, Uganda

Entebbe Airport Drop-Off (B)

Today in the afternoon or evening you'll be transferred to Entebbe international airport for your departing flight. Say goodbye to your new friends from your group and to an unforgettable experience.