

GROUP ADVENTURES

## Ausangate Trek 5D/4N

Hiking & Trekking

5 Days / 1 Country

Peru

Departure city: **Cuzco, Peru**

End city: **Cuzco, Peru**

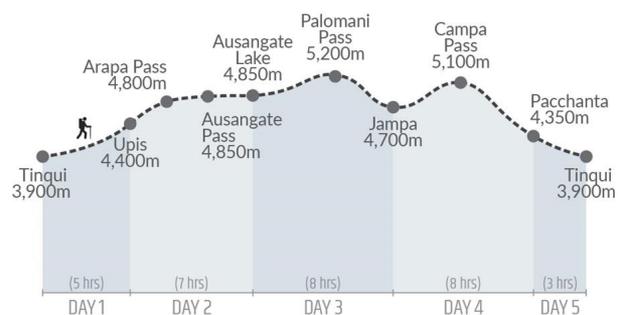
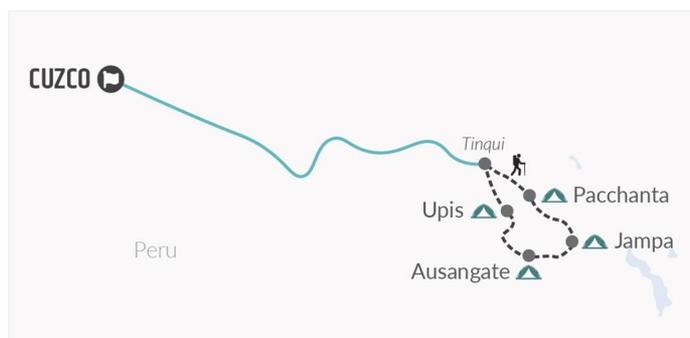


### HIGHLIGHTS

- See stunning views of the Andes on a challenging 5-day trek
- Discover mountain lakes and the Ausangate Glacier
- Relax in natural hot springs in beautiful Pacchanta

Discover the incredible Andes Mountains and unparalleled views of the stunning Ausangate Glacier on this challenging and rewarding 5-day trek through pristine, rugged landscapes.

### MAP



\*This map shows trek altitudes, but is not geographically to scale.

## What is included

### **Group Adventures**

Group Adventures are designed to forget about all the travel logistics and let our guides take you to the best places with a group of like minded travelers

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### **Accommodation: 4**

- Camping with tent/mattress

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### **Transport: 2**

- Roundtrip bus Cuzco - Tinqu

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### **Meals: 15**

- 5 Breakfast(s), 5 Lunch(es), 5 Dinner(s),

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### **Guides:**

- Professional English/Spanish speaking guide

## What is not included

- \*Donation to local community (most of the people living in the region of Ausangate are very poor and a small voluntary donation can help them to buy clothes or school equipment.)
- \*Sleeping bag / trekking poles (available for rent)
- \*Ausangate entrance fee (20 soles)
- \*Other meals/drinks
- \*Personal expenses
- \*Tips
- \*Travel insurance

\*Prices for optional activities are subject to change at any time without prior notice. Please confirm these prices before departing on your trip.

## Additional information

### **ADDITIONAL INFORMATION**

Elevation Change: 3900 - 5200 m. / 12795 - 17060ft

High Season: May - November

Level of difficulty: Moderate

We will climb up to 5200m/17060ft on this trek, with the entire route being at high altitudes. Combined with harsh weather, this trek can be hard work. We want you to remember this trek with a smile on your face, so please make sure that you are well acclimatized, healthy, and in good shape before your trip.

Since the weather can be very cold and moist, your clothes won't dry at night. Please bring extra clothes to change into.

While this trek is available year-round, we recommend avoiding the rainy season (November - March) when there will be less visibility on the trek, potentially obscuring the amazing views. The climate will also be colder, often with snow.

What to Bring:

- Backpack with waterproof cover
- Sleeping bag
- Clothing for both warm and cold climates

- Rain pants and lightweight pants
- Hiking boots
- Sandals (for showers and hot springs).
- Woolen or synthetic socks and a sweater.
- Long- and short-sleeved polo's/T-Shirts.
- Raincoat and a hat
- Bathing suit for hot springs
- Sunscreen, insect repellent, disinfecting alcohol and gel, water bottle and sterilizing tablets, toiletries and toilet paper
- Camera (wrapped in plastic bag)
- Flashlight with extra batteries
- Snacks like chocolate bars and dry fruit.
- Original passport, ISIC student card (if you have one) and extra money in Peruvian soles
- Extra change of clothes

# Itinerary

## Day 1: Cuzco - Tinquí, Peru

Bus Cuzco to Tinquí, trek to Upis (L/D)

Early this morning you will be picked up from your accommodation in Cuzco and we will travel to Tinquí by bus (3900m/12795ft) past beautiful landscapes and small family farms. After a picnic in Tinquí, we will start on foot towards the community of Upis (4400m/14436ft). Along the way, we will meet local families who will show us some examples of their textile work, created to honor nature with traditional Andean symbols. We will spend the night in camping Upis with the possibility to enjoy the local hot springs.

Transport time: 4 hours

Hiking time: 5 hours

## Day 2: Tinquí - Ausangate Lake, Peru

Trek through Upis, Arapa pass, Yana cocha, Ausangate Pass to Ausangate Lake (B/L/D)

After breakfast, we will ascend towards the Arapa pass (4800m/15748ft) before descending towards Yana cocha, where we will have a picnic lunch. Our route continues ascending towards the Extreme Ausangate Pass (4850m/15912ft) and ends at the shore of the beautiful Ausangate Lake (4650m/15256ft) where we will camp for the night. Be sure to pack warm clothes for the cold climate in this part of the trek.

Hiking time: 7 hours

## Day 3: Ausangate Lake - Jampa, Peru

Trek from Ausangate Lake through Palomani Pass to Jampa (B/L/D)

The 3rd day is both the most beautiful and the most arduous of the trek. We will first ascend towards the highest pass of this route, called the Palomani Pass (5200m/17060ft). From here, we will have an exceptional view of the mountains and glaciers of Ausangate before descending into the valley of Finaya Pampa. After a long, challenging day we will finally arrive at our camping site in Jampa (4700m/15420ft).

Hiking time: 8 hours

## Day 4: Jampa - Pacchanta, Peru

Trek from Jampa through the Campa pass to Pacchanta (B/L/D)

The highlight of this day is definitely the spectacular ascent to the Campa Pass (5100m/16732ft). We will also pass several lovely lagoons on the way to our camping site in Pacchanta (4350m/14270ft). Here, we will visit the hot springs for some well-earned relaxation before a typical Peruvian dinner.

## Day 5: Tinquí - Cuzco, Peru

Trek from Pacchanta back to Tinquí, then bus to Cuzco (B/L)

After breakfast, our trek continues back towards the village Tinquí (3900m/12795ft), from where we will take a bus back to Cuzco. On the way we will visit either Tipón or Saylla and have a typical dish of the region, such as guinea-pig or chicharrón (grilled pork). Your adventure ends upon arrival in Cuzco.

Hiking time: 3 hours

Transport time: 4 hours

